

## **DISTRICT 28 IN-PERSON MEETINGS**

Updated 11/11/2023

Learn how to connect with District 28 meetings that are accessible either online, on the phone, or in-person. Please note, this information is subject to change depending on the state of the pandemic and because many groups are currently discussing their return to in-person meetings. Please check back for updates!

### **IN-PERSON DISTRICT 28 MEETINGS**

In-Person meetings meet only in-person. Hybrid meetings meet both in-person and online at the same time.

#### **MONDAY | 1:00 – 2:30 pm | Adult Children Step Meeting | In-Person**

New Hackensack Reformed Church, 1580 Route 376, meets in library, Wappingers Falls, NY 12590

- Come to back of church nursery school to the unlocked door (front door is locked)

#### **MONDAY | 7:30 - 8:30 pm | Monday Night Stepped-Up Group | Hybrid**

Third Lutheran Church, 31 Livingston Street, Rhinebeck, NY 12572 (Basement Door on Right of Building)

- Please note that this is a hybrid meeting so you can also join it using the Zoom link below.

#### **MONDAY | 7:30 – 8:30 pm | Community AI-Anon Group | In-Person**

New Hackensack Reformed Church - Ed. Bldg. (#13), 1580 NY 376, Wappingers Falls, NY 12590

#### **MONDAY | 7:00 - 8:00 pm | Monday Night Discussion Group | In-Person**

As of July 3, 2023 the meeting will be changing their time to 7 PM and moving to St. Christopher's School, 30 Benner Rd., Red Hook, NY

#### **TUESDAY | 7:30 – 8:30 pm | Wappingers Peace and Serenity Group | In-Person**

Mount Alvernia Retreat Center, 158 Delavergne Ave., Wappingers Falls, NY 12590

- This meeting will now be held outdoors (weather permitting) or in the gymnasium.

#### **TUESDAY | 7:00 – 8:00 pm | Stepping Out AI-Anon | In-Person**

St. John's Lutheran Church, 55 Wilbur Blvd., Poughkeepsie, NY 12603 (Room 212)

- Meeting format is rotating

#### **WEDNESDAY | 12:30 - 1:30 pm | Wednesday Afternoon AI-Anon | In-Person**

St. John's Lutheran Church, 55 Wilbur Blvd., Poughkeepsie, NY 12603 (Chapel, Room 115A – Masks Required)

#### **WEDNESDAY | 7:00 – 8:00 pm | Solutions and Serenity | In-Person**

First Presbyterian Church, 50 Liberty St, Beacon, NY 12508 (Main Building Upstairs Library)

- Enter through the door by parking lot

#### **THURSDAY | 8:00 – 9:00 pm | Hopewell Friendship Group | In-Person**

Hopewell Reformed Church (Upstairs Comm. Rm. D), 143 Beekman Rd., Hopewell Junction, NY 12533

#### **THURSDAY | 7:30 - 8:30 pm | Northern Dutchess AI-Anon Group | Hybrid**

Third Lutheran Church, 31 Livingston Street, Rhinebeck, NY 12572 (Basement Door on Right of Building)

- Please note that this is a hybrid meeting so you can also join it using the Zoom link below.

#### **FRIDAY | 7:30 – 8:30 pm | Poughkeepsie Friday Night AI-Anon | In-Person**

St. John's Lutheran Church, 55 Wilbur Blvd., Poughkeepsie, NY 12603 (Room 207)

#### **FRIDAY | 7:30 – 8:30 pm | Growth in AI-Anon | In-Person**

Monastery of St. Clare, 70 Nelson Ave., Wappingers Falls, NY 12590

## DISTRICT 28 ONLINE MEETINGS

Updated 11/11/2023

### ONLINE DISTRICT 28 MEETINGS

The following groups have set-up online and/or phone meetings for people to join. The majority of groups are using Zoom. You can go to [www.zoom.com](http://www.zoom.com) to set up a free account by clicking on the 'Sign-Up, It's Free' button in the upper right corner. If you are unable to join by video, you can usually also call in using the numbers provided below or by finding a local number for your meeting by going to: <https://us04web.zoom.us/j/fdyPGOQjvj>

#### **SUNDAY | 7:00 - 8:00 pm | Beacon of Hope AFG (Beacon, NY)**

- Established a recurring online Zoom meeting.
- To access by computer/laptop/iPad/etc.: <https://us04web.zoom.us/j/502258777>
- Meeting ID: 502 258 777
- Passcode: 115033
- To access by phone 646-558-8656

#### **SUNDAY | 7:00 - 8:00 pm | Lagrangeville Courage to Change AFG (Lagrangeville, NY)**

- Established a recurring Zoom meeting that can be accessed by computer and/or phone.
- To access by computer/laptop/iPad/etc.: <https://zoom.us/j/83738103899>
- To access by phone: +1 929-205-6099
- Meeting ID: 83738103899
- Passcode: Alanon2020

#### **MONDAY | 7:30 - 8:30 pm | Monday Night Stepped-Up Group (Rhinebeck, NY)**

Third Lutheran Church, 31 Livingston Street, Rhinebeck, NY 12572 (Basement Door on Right of Building)

Monday Night Stepped Up AI-Anon 7 meets in person with a Hybrid Zoom component. To join by Zoom:

- Established a recurring Zoom meeting that can be accessed by computer and/or phone.
- To access by computer/laptop/iPad/etc.:  
<https://us02web.zoom.us/j/9250997689?pwd=dnRBbHF5WjlyY1FLVjFVaDZXVWFZz09>
- Meeting ID: 925 099 7689
- Passcode: 930618
- To access by phone: +1 646-558-8656

#### **MONDAY | 7:30 - 9:00 pm | Monday Night AI-Anon Adventure Group (Lagrangeville, NY)**

- Established a recurring Zoom meeting that can be accessed by computer and/or phone.
- To access by computer/laptop/iPad/etc.:  
<https://us02web.zoom.us/j/82182791192?pwd=MS8wQWc1UTFFS2NmWVdBNDRlTzQwdz09>
- To access by phone: +1 929-205-6099
- Meeting ID: 821 8279 1192
- Passcode: 395599

#### **TUESDAY | 7:30 - 8:30 pm | Millbrook Tuesday Night AI-Anon (Millbrook, NY)**

- Established a recurring Zoom meeting that can be accessed by computer and/or phone.
- To access by computer/laptop/iPad/etc.: <https://zoom.us/j/81838944576>
- To access by phone: +1 646-876-9923
- Meeting ID: 818 3894 4576
- Passcode: MAFG

## ONLINE DISTRICT 28 MEETINGS (CONTINUED)

Updated 11/11/2023

### **THURSDAY | 7:30 - 8:30 pm | Northern Dutchess Al-Anon Group (Rhinebeck, NY)**

Third Lutheran Church, 31 Livingston Street, Rhinebeck, NY 12572 (Basement Door on Right of Building)

Northern Dutchess Al-Anon meets in person with a Hybrid Zoom component. To join by Zoom:

- Established a recurring Zoom meeting that can be accessed by computer and/or phone.
- To access by computer/laptop/iPad/etc.: <https://us04web.zoom.us/j/208202363>
- To access by phone: +1 646-558-8656
- Meeting ID: 208 202 363
- Passcode: 928660

### **FRIDAY | 7:00 – 8:00 pm | Pawling Friday Night Al-Anon**

The Evangelical Lutheran Church of Christ the King, 14 Pine Dr. (Rt. 22 & Pine Dr.), Pawling, NY 12564

- To access by computer/laptop/iPad/etc.: <https://us02web.zoom.us/j/81878976500>
- To find local access by phone: <https://us02web.zoom.us/j/81878976500>
- Meeting ID: 818 7897 6500
- Zoom starting November 3, 2023. Will remain on zoom until May
- Meeting contact: 845-401-1332

### **SATURDAY | 7:30 - 8:30 pm | Saturday Night Live Group (Hyde Park, NY)**

- Established a recurring Zoom meeting that can be accessed by computer and/or phone.
- Meeting ID: 89178998242
- Passcode: 054328

## **ADDITIONAL WAYS TO STAY CONNECTED TO AL-ANON**

There are a number of ways to stay connected to Al-Anon while practicing social distancing, including:

- Reach out to group members via your group's phone list to connect 1-on-1;
- Increase your contact with your sponsor via phone or video calls;
- Access Al-Anon online and phone bridge meetings which are available almost anytime, anywhere:
  - Al-Anon Online Meeting List: <https://al-anon.org/al-anon-meetings/electronic-meetings/>
  - Al-Anon Phone Meetings List: [https://al-anon.org/al-anon-meetings/electronic-meetings/#Phone\\_Meetings](https://al-anon.org/al-anon-meetings/electronic-meetings/#Phone_Meetings)
- Check out the Al-Anon Member Blog for a chance to share and read the shares of others:
  - <https://al-anon.org/for-members/members-resources/member-blog/>

## **LITERATURE FOR THE NEWCOMER ONLINE**

The World Service Conference (WSC) and World Service Office (WSO) created an email to welcome newcomers to online meetings. This welcome email can now be shared with newcomers to any electronic meeting – whether it be temporary or permanent. We encourage you to share/display this URL with any newcomers to your meetings. The link will prompt the recipient to enter their personal email address for them to receive the welcome email: [al-anon.org/welcome](https://al-anon.org/welcome)