

DISTRICT 28 MEETINGS Updated 12/1/2022

Learn how to connect with District 28 meetings that are accessible either online, on the phone, or in-person. Please note, this information is subject to change depending on the state of the pandemic and because many groups are currently discussing their return to in-person meetings. Please check back for updates!

IN-PERSON DISTRICT 28 MEETINGS

In-Person meetings meet only in-person. Hybrid meetings meet both in-person and online at the same time.

MONDAY | 1:00 – 2:30 pm | Adult Children Step Meeting | In-Person

New Hackensack Reformed Church, 1580 Route 376, Room 13, Wappingers Falls, NY 12590

- Come to back of church nursery school to the unlocked door (front door is locked)

MONDAY | 7:30 - 8:30 pm | Monday Night Stepped-Up Group | Hybrid

Third Lutheran Church, 31 Livingston Street, Rhinebeck, NY 12572 (Basement Door on Right of Building)

- Please note that this is a hybrid meeting so you can also join it using the Zoom link below.

MONDAY | 7:30 - 9:00 pm | Monday Night AI-Anon Adventure Group | Hybrid

Trinity United Methodist Church, 6 S. Cross Rd., Lagrangeville, NY 12540

- Please note that this is a hybrid meeting so you can also join it using the Zoom link below.

MONDAY | 7:30 – 8:30 pm | Community AI-Anon Group | In-Person

New Hackensack Reformed Church - Ed. Bldg. (#13), 1580 NY 376, Wappingers Falls, NY 12590

MONDAY | 7:30 - 8:30 pm | Monday Night Discussion Group | In-Person

St. Paul's Lutheran Church, 7412 Broadway, Red Hook, NY 12571 (Parish Hall Basement)

TUESDAY | 7:30 – 8:30 pm | Wappingers Peace and Serenity Group | In-Person

Mount Alvernia Retreat Center, 158 Delavergne Ave., Wappingers Falls, NY 12590

- This meeting will now be held outdoors (weather permitting) or in the gymnasium.
- Please note that a separate online Zoom meeting will continue to meet at 7:30 pm.

TUESDAY | 7:00 – 8:00 pm | Stepping Out AI-Anon | In-Person

St. John's Lutheran Church, 55 Wilbur Blvd., Poughkeepsie, NY 12603 (Room 212)

- Meeting format is rotating

WEDNESDAY | 12:30 - 1:30 pm | Wednesday Afternoon AI-Anon | In-Person

St. John's Lutheran Church, 55 Wilbur Blvd., Poughkeepsie, NY 12603 (Chapel, Room 115A – Masks Required)

Wednesday | 7:00 – 8:00 pm | Solutions and Serenity | In-Person

First Presbyterian Church, 50 Liberty St, Beacon, NY 12508 (Main Building Upstairs Library)

- Enter through the door by parking lot

THURSDAY | 8:00 – 9:00 pm | Hopewell Friendship Group | In-Person

Hopewell Reformed Church (Upstairs Comm. Rm. D), 143 Beekman Rd., Hopewell Junction, NY 12533

THURSDAY | 8:00 - 9:00 pm | Northern Dutchess AI-Anon Group | Hybrid

Third Lutheran Church, 31 Livingston Street, Rhinebeck, NY 12572 (Basement Door on Right of Building)

- Please note that this is a hybrid meeting so you can also join it using the Zoom link below.

FRIDAY | 7:30 – 8:30 pm | Poughkeepsie Friday Night AI-Anon | In-Person

St. John's Lutheran Church, 55 Wilbur Blvd., Poughkeepsie, NY 12603 (Room 207)

FRIDAY | 7:30 – 8:30 pm | Growth in AI-Anon | In-Person

Monastery of St. Clare, 70 Nelson Ave., Wappingers Falls, NY 12590

FRIDAY | 7:30 – 8:30 pm | Pawling Friday Night AI-Anon | In-Person

The Evangelical Lutheran Church of Christ the King, 14 Pine Dr. (Rt. 22 & Pine Dr.), Pawling, NY 12564

ONLINE DISTRICT 28 MEETINGS

The following groups have set-up online and/or phone meetings for people to join. The majority of groups are using Zoom. You can go to www.zoom.com to set up a free account by clicking on the 'Sign-Up, It's Free' button in the upper right corner. If you are unable to join by video, you can usually also call in using the numbers provided below or by finding a local number for your meeting by going to: <https://us04web.zoom.us/j/fdyPGOQjvj>

SUNDAY | 7:00 - 8:00 pm | Beacon of Hope AFG (Beacon, NY)

- Established a recurring online Zoom meeting.
- To access by computer/laptop/iPad/etc.: <https://us04web.zoom.us/j/502258777>
- Meeting ID: 502 258 777
- Passcode: 115033
- To access by phone 646-558-8656

SUNDAY | 7:00 - 8:00 pm | Lagrangeville Courage to Change AFG (Lagrangeville, NY)

- Established a recurring Zoom meeting that can be accessed by computer and/or phone.
- To access by computer/laptop/iPad/etc.: <https://zoom.us/j/959951641>
- To access by phone: +1 929-205-6099
- Meeting ID: 959 951 641
- Passcode: Alanon

MONDAY | 7:30 - 8:30 pm | Monday Night Stepped-Up Group (Rhinebeck, NY)

Third Lutheran Church, 31 Livingston Street, Rhinebeck, NY 12572 (Basement Door on Right of Building)
Monday Night Stepped Up AI-Anon 7 meets in person with a Hybrid Zoom component. To join by Zoom:

- Established a recurring Zoom meeting that can be accessed by computer and/or phone.
- To access by computer/laptop/iPad/etc.: <https://us04web.zoom.us/j/9250997689>
- To access by phone: +1 646-558-8656

MONDAY | 7:30 - 9:00 pm | Monday Night AI-Anon Adventure Group (Lagrangeville, NY)

- Established a recurring Zoom meeting that can be accessed by computer and/or phone.
- To access by computer/laptop/iPad/etc.:
<https://us02web.zoom.us/j/82182791192?pwd=MS8wQWc1UTFFS2NmVVdBNlVtZQwdz09>
- To access by phone: +1 929-205-6099
- Meeting ID: 821 8279 1192
- Passcode: 395599

TUESDAY | 7:30 - 8:30 pm | Wappingers Peace and Serenity Group (Wappingers Falls, NY)

- Established a recurring Zoom meeting that can be accessed by computer and/or phone.
- To access by computer/laptop/iPad/etc.: <https://zoom.us/j/571279334>
- To access by phone: +1 929-205-6099
- Meeting ID: 571 279 334
- Passcode: 841984

TUESDAY | 7:30 - 8:30 pm | Millbrook Tuesday Night AI-Anon (Millbrook, NY)

- Established a recurring Zoom meeting that can be accessed by computer and/or phone.
- To access by computer/laptop/iPad/etc.: <https://zoom.us/j/81838944576>
- To access by phone: +1 646-876-9923
- Meeting ID: 818 3894 4576
- Passcode: MAFG

THURSDAY | 8:00 - 9:00 pm | Northern Dutchess AI-Anon Group (Rhinebeck, NY)

Third Lutheran Church, 31 Livingston Street, Rhinebeck, NY 12572 (Basement Door on Right of Building)
Northern Dutchess AI-Anon meets in person with a Hybrid Zoom component. To join by Zoom:

- Established a recurring Zoom meeting that can be accessed by computer and/or phone.
- To access by computer/laptop/iPad/etc.: <https://us04web.zoom.us/j/208202363>
- To access by phone: +1 646-558-8656
- Meeting ID: 208 202 363
- Passcode: 928660

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ONLINE DISTRICT 28 MEETINGS (CONTINUED)

Updated 12/1/2022

SATURDAY | 7:30 - 8:30 pm | Saturday Night Live Group (Hyde Park, NY)

- Established a recurring Zoom meeting that can be accessed by computer and/or phone.
- Meeting ID: 89178998242
- Passcode: 054328

ADDITIONAL WAYS TO STAY CONNECTED TO AL-ANON

There are a number of ways to stay connected to Al-Anon while practicing social distancing, including:

- Reach out to group members via your group's phone list to connect 1-on-1;
- Increase your contact with your sponsor via phone or video calls;
- Access Al-Anon online and phone bridge meetings which are available almost anytime, anywhere:
 - Al-Anon Online Meeting List: <https://al-anon.org/al-anon-meetings/electronic-meetings/>
 - Al-Anon Phone Meetings List: https://al-anon.org/al-anon-meetings/electronic-meetings/#Phone_Meetings
- Check out the Al-Anon Member Blog for a chance to share and read the shares of others:
 - <https://al-anon.org/for-members/members-resources/member-blog/>

LITERATURE FOR THE NEWCOMER ONLINE

The World Service Conference (WSC) and World Service Office (WSO) created an email to welcome newcomers to online meetings. This welcome email can now be shared with newcomers to any electronic meeting – whether it be temporary or permanent. We encourage you to share/display this URL with any newcomers to your meetings. The link will prompt the recipient to enter their personal email address for them to receive the welcome email: al-anon.org/welcome