

DISTRICT 28 ZOOM & PHONE MEETINGS

The following groups have set-up online and/or phone meetings for people to join. The majority of groups are using Zoom. You can go to www.zoom.com to set up a **free account by clicking on the 'Sign-Up, It's Free' button in the upper right corner**. If you are unable to join by video, you can usually also call in using the numbers provided below or by finding a local number for your meeting by going to: <https://us04web.zoom.us/j/502258777>

SUNDAY | 7:00 - 8:00 pm | Beacon of Hope AFG (Beacon, NY)

- Recurring Zoom meeting.
- To access by computer/laptop/iPad/etc.: <https://us04web.zoom.us/j/502258777>
- Meeting ID: 502 258 777
- Passcode: 115033
- To access by phone 646-558-8656

SUNDAY | 7:00 - 8:00 pm | Lagrangeville Courage to Change AFG (Lagrangeville, NY)

- Recurring Zoom meeting that can be accessed by computer and/or phone.
- To access by computer/laptop/iPad/etc.: <https://zoom.us/j/959951641>
- To access by phone: +1 929-205-6099
- Meeting ID: 959 951 641
- Passcode: Alanon

MONDAY | 5:30 - 6:45 pm | Adult Children Step Meeting (Wappingers Falls, NY)

- Recurring Zoom meeting that can be accessed by computer.
- Meeting ID: 663 755 6253
- Passcode: 167350

MONDAY | 7:30 - 8:30 pm | Monday Night Stepped-Up Group (Rhinebeck, NY)

- Recurring Zoom meeting that can be accessed by computer and/or phone.
- To access by computer/laptop/iPad/etc.: <https://us04web.zoom.us/j/9250997689>
- To access by phone: +1 646-558-8656
- Meeting ID: 925 099 7689
- Passcode: 930618

MONDAY | 7:30 - 8:30 pm | Monday Night Discussion Group (Red Hook, NY)

- Recurring Zoom meeting that will meet by computer and/or phone on Mon nights.
- To access by computer/laptop/iPad/etc.: <https://us04web.zoom.us/j/249530007>
- To access by phone: +1 646-558-8656
- Meeting ID: 249 530 007 ● Passcode: 818513

MONDAY | 7:30 - 9:00 pm | Monday Night Adventures in AI-Anon Group (Lagrangeville, NY)

- Recurring Zoom meeting that can be accessed by computer and/or phone.
<https://us02web.zoom.us/j/82182791192?pwd=MS8wQWc1UTFFS2NmVVdBNDIvTzQwdz09>
- To access by phone: +1 929-205-6099
- Meeting ID: 821 8279 1192
- Passcode: 395599

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TUESDAY | 7:30 - 8:30 pm | Wappingers Peace and Serenity Group (Wappingers Falls, NY)

- ● Recurring Zoom meeting that can be accessed by computer and/or phone.
- ● To access by computer/laptop/iPad/etc.: <https://zoom.us/j/571279334>
- ● To access by phone: +1 929-205-6099
- ● Meeting ID: 571 279 334
- ● Passcode: 841984

TUESDAY | 7:30 - 8:30 pm | Millbrook Tuesday Night Al-Anon (Millbrook, NY)

- ● Recurring Zoom meeting that can be accessed by computer and/or phone.
- ● To access by computer/laptop/iPad/etc.: <https://zoom.us/j/81838944576>
- ● To access by phone: 1 646 876 9923
- ● Meeting ID: 818 3894 4576
- ● Passcode: MAFG

TUESDAY | 7:00 – 8:30 pm | Stepping Out Al-Anon

- Join Zoom Meeting <https://us02web.zoom.us/j/87181257047?pwd=bHVjMG81akVUOHVDU2ZpT1Z4WFZiUT09>
- Meeting ID: 871 8125 7047
- Passcode: 917191
- One tap mobile +19292056099,,87181257047#,,,,*917191# US (New York)
+13126266799,,87181257047#,,,,*917191# US (Chicago)
- Dial by your location +1 929 205 6099 US (New York) +1 312 626 6799 US (Chicago) +1 301 715 8592 US (Washington DC) +1 346 248 7799 US (Houston) +1 669 900 6833 US (San Jose) +1 253 215 8782 US (Tacoma)
- Meeting ID: 871 8125 7047 Passcode: 917191
- Find your local number: <https://us02web.zoom.us/j/kcC8c3VtAD>

WEDNESDAY | 12:30 - 1:30 pm | Wednesday Afternoon Al-Anon (Poughkeepsie, NY)

- Recurring phone meeting that will meet by phone on **Monday, Wednesday, and Friday afternoon** from 12:30 - 1:30 pm.
- To access by phone call: +1 425-436-6365
- Access Code: 423131

THURSDAY | 8:00 - 9:00 pm | Northern Dutchess Al-Anon Group (Rhinebeck, NY)

- ● Recurring Zoom meeting that can be accessed by computer and/or phone.
- ● To access by computer/laptop/iPad/etc.: <https://us04web.zoom.us/j/208202363>
- ● To access by phone: +1 646-558-8656
- ● Meeting ID: 208 202 363
- ● Passcode: 928660

SATURDAY | 7:30 - 8:30 pm | Saturday Night Live Group (Hyde Park, NY)

- ● Recurring Zoom meeting that can be accessed by computer and/or phone.
- ● Meeting ID: 89178998242 (new ID and password)
- ● Passcode: 05432